

ALEX WILSON INVITATIONAL

MEET INFORMATION

The University of Notre Dame will be hosting the Alex Wilson Indoor Track and Field Invitational on Friday and Saturday, March 5-6, 2010 at the Loftus Sports Center on the Notre Dame campus. A tentative time schedule is included on this web site. We will adjust the schedule based on the number of entries so that it is accurate.

ENTRY PROCEDURE

We will utilize ***DIRECT ATHLETICS*** online entry system. Go to: www.directathletics.com in order to enter. **You must have both your username and password.** If you do not have your username or password, email: support@directathletics.com in order to obtain them. Post collegiate athletes will not be able to enter via Direct Athletics. Please contact a member of the Notre Dame staff to obtain entry into the meet. We will not accept entries from any unattached collegiate (red-shirted) athletes.

Please keep in mind that this is an NCAA sanctioned **LAST CHANCE MEET** and our focus is on providing an opportunity for deserving athletes to qualify for the NCAA Division I Indoor Championships. Please limit your entries to those athletes whom you feel can be competitive in such a competition. We will do everything we can to place your athletes in sections that will help them to achieve that end. In order for us to provide the best competition possible for your athletes, we expect you to enter your athletes with **LEGITIMATE MARKS ACHIEVED DURING THE 2010 INDOOR SEASON. We will use NCAA PERFORMANCE LISTS IN ORDER TO VERIFY ENTRIES.** We will place athletes in sections based on **LEGITIMATE PERFORMANCES**, not estimations, coaches wishes, etc.

Please make our jobs simpler by providing honest and accurate entry marks. ANY MARKS WHICH CANNOT BE VERIFIED WILL BE ENTERED AT NT AND PLACED IN A CORRESPONDING (SLOW) SECTION.

Please **SCRATCH ATHLETES FROM EVENTS WHICH THEY WILL NOT BE CONTESTING** prior to the entry deadline, **Wednesday, March 3, at 12:00 NOON. ATHLETES ENTERED IN MULTIPLY EVENTS WHICH ARE NOT REALISTIC TO CONTEST WILL BE PLACED IN SLOWER SECTIONS IN ALL EVENTS ENTERED.** Should you have a scratch following the entry deadline, please call or email so we have correct information when we create sections.

Note: NCAA Rule 4-1: Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management.

THE GAMES COMMITTEE WILL USE THEIR DISCRETION IN SETTING UP HEATS AND FLIGHTS.

ENTRY DEADLINE

Wednesday, March 3 at 12:00 NOON. We will not accept any late entries. Entry for this meet will not open on Direct Athletics until Sunday, February 28. Please only enter athletes in the events they will actually contest.

ENTRY FEE

\$25 per athlete/per event ENTERED (1 athlete entered in 2 events = \$50). ENTRY FEE for Relay Teams is \$100 per team. Checks should be made payable to: University of Notre Dame.

GENERAL INFORMATION

FACILITY

The Loftus Center features a 320 meter Mondo track. Pole vault and horizontal jumps are contested on raised runways on the turf infield. The high jump is contested on a Mondo platform. The throws are contested on a wooden circle on the turf field.

ONLY 1/4 INCH SPIKES ARE ALLOWED ON THE TRACK AND RUNWAYS

PRACTICE

On Friday, March 5, the Loftus Center WILL NOT BE AVAILABLE for warm up until AFTER 1:00 PM due to the extensive setup required for the event and use by other Notre Dame teams.

PARKING

Teams should park in the lot south of the JOYCE CENTER (adjacent to the baseball stadium), or in the lot north of the Loftus Center (across from the library). Security personnel will direct you to the nearest lot after you drop off your athletes.

PACKET PICKUP

Meet packets may be picked up at the announcers table located on the balcony.

TRACK CLERK

Report to the clerk at the clerking area located on the infield AT LEAST 15 MINUTES prior to the start of the event.

SPORTS MEDICINE

Athletic Trainers will be available before, during and after the competition. They will be set up in the South East area of the facility.

NO FOOD or COLORED DRINKS are allowed on the track or turf infield area.

There are NO SHOWER facilities available at the LOFTUS CENTER. Please plan to shower at your hotel.

If you have any questions, please contact Joe Piane at (574) 631-6135.

University of Notre Dame
Alex Wilson Invitational
March 5-6, 2010
Tentative Time Schedule

Friday, March 5

<u>Time</u>	<u>Event</u>
5:00pm	Men's Long Jump (Women to Follow)
5:00pm	Women's 20lb. Weight Throw (Men's 35lb. Weight to Follow)
6:00pm	Men's Pole Vault
7:00pm	Women's High Jump
7:00pm	Women's 5,000m Run
7:25pm	Men's 5,000m Run
7:45pm	Women's Distance Medley Relay
8:00pm	Men's Distance Medley Relay

Saturday, March 6

<u>Time</u>	<u>Event</u>
10:30am	Men's Triple Jump (Women to Follow)
11:00am	Women's Shot Put (Men to Follow)
11:00am	Women's 60M Hurdles Trials
11:10am	Men's 60M Hurdles Trials
11:15am	Women's 60M Dash Trials
11:20am	Men's 60m Dash Trials
11:25am	Women's 3,000 M Run
11:40am	Men's 3,000 M Run
12:00pm	Women's Pole Vault
12:00pm	Men's High Jump
12:00pm	Women's 60 M Hurdles Final
12:05pm	Men's 60 M Hurdles Final
12:10pm	Women's 60 M Dash Final
12:15pm	Men's 60 M Dash Final
12:25pm	Alex Wilson 800 M Run
12:30pm	Women's 400 M Dash
12:35pm	Men's 400 M Dash
12:45pm	Women's 800 M Run
1:00pm	Men's 800 M Run
1:15pm	Women's 200 M Dash
1:25pm	Men's 200 M Dash
1:30pm	Women's Mile Run
1:50pm	Men's Mile Run
2:10pm	Women's 4 x 400 Meter Relay
2:25pm	Men's 4 x 400 Meter Relay