

## EIU TRACK AND FIELD

# EIU Invitational

SATURDAY, MARCH 27, 2010

**TEAMS:** EIU, Indiana State, SIU-Edwardsville, Loyola, UW Milwaukee

### ENTRY PROCEDURES

**Entries & Fees:** Each team will be limited to:  
**Unlimited** entries per individual event  
**1 scoring** relay unit per team. (B and C squads accepted)

The entry fee will be \$200.00 per school. Make checks payable to EIU Athletic Department - Track.

**Friday Events:** **The Hammer Throws (men & women) will be contested Friday Afternoon.**

**Web Entries:** All entries must be submitted on-line at [www.directathletics.com](http://www.directathletics.com).  
Web entries will open until **Tuesday, March 23, 2010, at noon.**

**Final Declarations:** **Your web entries will be your final declarations!!**

**Seed Marks:** Please list the athlete's best performance from this season.

**Awards:** There will be no awards for this meet.

**Scoring:** **This is a scoring meet.** The top two competitors from each team will compete in the same heat/flight. We will Double Dual score this meet.

**Team Packets:** Team packets may be picked up at the press box table prior to the start of the meet.

### **Inspection of Field Equipment:**

- (1) All throwing implements must be weighed and checked at the scorers table by the Head Weight & Measures Judge.  
**Weigh in will take place 1 hour before the start of the first throwing event.**
- (2) No throwing implements may be used without the official markings.
- (3) All implements that are found to be non-regulation will be impounded until the completion of the event. No hard shell weights will be allowed.
- (4) A 10 minute general warm-up for all competitors will start 20 minutes prior to the event, then each flight will receive a 10 minute warm-up period.

**Results:** Results will be available as soon as possible following the meet. If you need to leave prior to the completion of the meet, complete results will be available through our sports information office. Please call **(217) 581-6408**. **They will also be posted on line at Direct Athletics.com and eirunning.com!!**

If you have any questions or concerns, please contact Tom Akers at 217-581-2625.