



**Friday, March 22<sup>nd</sup> - Class A**  
**Saturday, March 23<sup>rd</sup> - Classes AA & AAA**  
**Illinois Wesleyan University**  
**Hosted by Bloomington and Clinton High Schools**

#### **MISSION STATEMENT**

To produce a premier indoor championship meet for athletes and coaches that will help promote collegiate recruiting and future participation of Illinois High School athletes.

**ALL NHSF and IHSA Rules will be enforced.**

#### **MEET CONTACT**

Randy Anderson- Marketing Director      Phone: (309) 838-4125      Email: [randy@anderson-ford.com](mailto:randy@anderson-ford.com)  
Roland Brent- Competition Director      Phone: (309) 287-3413      Email: [illpreptf@gmail.com](mailto:illpreptf@gmail.com)  
Dan Andrews – Technical Director      Phone: (217) 731-4670      Email: [dan@illinoistoptimes.com](mailto:dan@illinoistoptimes.com)

#### **FACILITY**

The track at Illinois Wesleyan University has a Mondo surface and 6-lanes. Only ¼" or smaller pyramid spikes are allowed. No radios, glass containers, or alcoholic beverages are allowed in the facility. Smoking is not permitted in the stadium.

#### **ADMISSION**

\$10 Adults; \$6 student - Seating will be on a first come first serve basis.

***SPECTATOR SEATING*** - Spectators will not be allowed in the competition area. Anyone on the floor without a pass or athlete bib number will be removed. Only competing athletes and coaches with the proper credentials will be allowed on the infield.

#### **ENTRY FEES**

- If you have 1-3 athletes (excluding relays), entry fee is \$50.00
- If you have 4 or more athletes (including 1 or more relay), entry fee is \$60.00
- Day of meet payment for any athlete is \$100.00

#### **LODGING INFORMATION**

**Host Hotel-** The host hotel for this year's indoor classic is the Country Inn & Suites, 2403 East Empire Street, Bloomington, IL (309) 662-3100 ( <http://www.countryinns.com/bloomington-hotel-il-61704-8200/ilnormal> ) We have secured a rate of \$79.99. When contacting the Country Inn & Suites mention the Illinois Top Times to receive the discounted rate.

#### **REFRESHMENTS & VENDORS**

A Full Service Concession Stand will be provided. First to the Finish – On Site Vendor

## **MEET DAY INFORMATION**

- **Packet Pickup:** Packet pickup will be done at the Shirk Center of Illinois Wesleyan University on Friday from 1:30 PM. There will be a Saturday Packet Pickup starting at 7:30 AM. Saturday packets may be picked up on Friday.
- **Shirk Center Practice Times:** Doors will open at 1:30 PM on Friday. Doors open at 7:30 AM on Saturday.
- **Team entry on Competition day:** Teams shall enter through the main gate. Athletes will need their number to enter, and Coaches will need their credentials to enter. **Absolutely do not use side entrances to exit/enter the gymnasium.**

### **Coaches will be issued the following floor passes to enter the meet:**

- Coaches with 1-3 athletes entered will receive one floor pass.
- Coaches with 4-11 athletes entered will receive two floor passes
- Coaches with 12 or more athletes entered will receive three floor passes
- ***Additional floor passes may be purchased for \$10.00***

**Team camps** will be set up in the **EAST** gymnasium, and athletes can warm up in the **WEST** gymnasium. Both gymnasiums are right off of the track. **ABSOLUTELY NO SPIKES SHOULD BE WORN IN EITHER GYMNASIUM AT ANY TIME. MAKE SURE YOU TELL ALL YOUR ATHLETES THIS; WE CAN NOT DO ANY DAMAGE TO THE FACILITY.**

**Athletic Trainer:** Illinois Wesleyans' athletic trainer will be on site. You must bring your own medical supplies such as athletic tape or ankle wraps.

### **ATHLETE CHECK-IN/WARM UP-** Located in the West Gym

- Both field and running events must check in at the clerks table.
- Athletes should pick up their hip numbers and report for their event in the check in area.
- Athletes in running events will be escorted to the track just prior to competing.
- LJ/TJ/HJ/SP athletes should check in 30 minutes prior to the start of their event.
- PV athletes can check in 75 minutes prior to the start of their event.
- All athletes must leave the track upon completion of their event.

### **CHECK-IN REQUIREMENTS**

A packet will be provided for each coach consisting of team roster and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the entrance.

### **WEIGH-IN-REQUIREMENTS**

Implement and athlete weigh in will be in the West Gym prior to the start of competition.

### **AWARDS**

In individual events and relay events, medals will be presented for participants who finish 1<sup>st</sup>-8th place. Team trophies will be awarded to the top 3 scoring teams in each division for each gender.

### **EQUIPMENT**

Starting blocks will be provided.

## ENTRY INFORMATION

EVENT	TOTAL COMPETITORS	HEATS
60m Dash	24	4 Heats of 6
60m Hurdles	24	4 Heats of 6
200m Dash	12	3 Heats of 4
400m Dash	12	3 Heats of 4
800m Run	12	1 Heat
1600m Run	15	1 Heat
3200m Run	15	1 Heat
4 x 200	12	3 Heats of 4
4 x 400	12	2 Heats of 6
4 x 800	12	1 Heat
Shot Put	12	1 Flight
Long Jump	12	1 Flight; 6 Jumps No Finals
Triple Jump	12	1 Flight; 6 Jumps No Finals
Pole Vault	12	1 Flight
High Jump	12	1 Flight

**Qualification – All new for this year.** There will not be a provisional or an automatic qualifier. We are taking the top performers in each field based off our field size. For example: In the 60M and 60M Hurdles we are taking the top 24 athletes on the leader board whose coaches have verified and paid for meet entry. These will be posted each week on our leader board on the Illinois Top Times website. The field size is pre-determined and is listed in the event table above.

- Only FAT Times achieved from January 1, 2013 – Monday, March 18, 2013 will be accepted for qualifying mark.
- Performances from AAU/USATF certified meets during that timeframe will be accepted.

Coaches will need to login at [www.illinoistoptimes.com/coaches/register.php](http://www.illinoistoptimes.com/coaches/register.php) to establish their account and register their teams.

### Registration Process

- Email Address will serve as username
- Coach will need to establish and confirm password
- Coach will not be able to login to the system until password has been confirmed.
- When registration has been completed, coaches will then need to upload their roster in a CSV file.
- A template of the file is located at <http://www.illinoistoptimes.com/coaches/template.xsl>.
- For any technical questions contact Daniel Andrews at (217) 731-4670.

Top Times will use a licensed meet entry system called TrackF/x. TrackF/x's goal is to be similar to MLB's PitchF/x system in providing performance data to coaches, athletes, and fans.

### Meet Hosts

If your team hosts an indoor meet please use the TrackF/x 'add meet' feature to add the meet results to the system. This will allow meet directors to upload meet results for their meet and have the results available immediately on the website.

Results can also be uploaded by meet participants concerned that meet hosts will not upload the meet results. This process will require some external verification. Any coach or school manipulating data on submitted results will be barred from entry into the meet.

If you have athletes who have competed at an USATF or AAU meet from January, 1st you can have those results verified and entered into the system by sending an email with Athletes Name, Event, Mark and School along with a link to the results to [info@illinoistoptimes.com](mailto:info@illinoistoptimes.com).

### **Meet Declaration Process**

1. Login in as coach
2. Click view roster
3. Check off each athlete or relay who will compete if they qualify
4. Can do this all season long and send payment all season long
5. Declaration will be open until Monday, March 18, 2013 at Midnight

### **Illinois Top Times Championship Meet Entry Verification**

1. Illinois Top Times will send an email to the AD and head coach of all qualifying athletes that have completed the declaration process. This email will be sent out by March 19, 2013 at 3:00am.
2. Coaches will have until 12:00 noon on Tuesday, March 19, 2013 to complete verification process.
3. Login as coach
4. Click view qualifiers
5. Verify all qualifiers are checked.
6. Un-check any injured athletes or athletes/relays not competing
7. Enter payment information via Paypal
8. Meet Entries will be posted on the Illinois Top Times website by Tuesday, March 19, 2013.

### **FIELD EVENT STARTING HEIGHTS**

#### **High Jump**

<b>CLASS</b>	<b>BOYS</b>	<b>GIRLS</b>
A	5'9"	4'8"
AA	5'9"	4'8"
AAA	5'11"	5'0"

#### **Pole Vault**

<b>CLASS</b>	<b>BOYS</b>	<b>GIRLS</b>
A	11'6"	8'0"
AA	12'0"	8'6"
AAA	12'6"	9'0"

***Starting heights are subject to change.***

## SCHEDULE OF EVENTS

Friday, March 22 <sup>nd</sup> 2013 Evening Session	Saturday, March 23 <sup>rd</sup> , 2013 Morning Session	Saturday, March 23 <sup>rd</sup> , 2013 Afternoon Session
1:00pm - <b>Class A</b> Athletes can enter the Shirk Center	7:30am <b>Class AA</b> Athletes can enter the Shirk Center	12:30pm <b>Class AAA</b> Athletes can enter the Shirk Center
2:00pm Weigh In (W. Gym)	8:00am Weigh In (W. Gym)	1:00pm Weigh In (W. Gym)
3:00pm National Anthem	9:00am National Anthem	2:00pm AAAG LONG JUMP
3:05pm AG LONG JUMP	9:05am AAG LONG JUMP	2:00pm AAAB LONG JUMP
3:05pm AB LONG JUMP	9:05am AAB LONG JUMP	2:00pm AAAB POLE VAULT
3:05pm AB POLE VAULT	9:05am AAB POLE VAULT	2:00pm AAAG SHOT PUT
3:05pm AG SHOT PUT	9:05am AAG SHOT PUT	2:00pm AAAB HIGH JUMP
3:05pm AB HIGH JUMP	9:05am AAB HIGH JUMP	4:00pm AAAB TRIPLE JUMP
5:00pm AB TRIPLE JUMP	11:00am AAB TRIPLE JUMP	4:00pm AAAG TRIPLE JUMP
5:00pm AG TRIPLE JUMP	11:00am AAG TRIPLE JUMP	4:00pm AAAG POLE VAULT
5:00pm AG POLE VAULT	11:00am AAG POLE VAULT	4:00pm AAAB SHOT PUT
5:00pm AB SHOT PUT	11:00am AAB SHOT PUT	4:00pm AAAG HIGH JUMP
5:00pm AG HIGH JUMP	11:00am AAG HIGH JUMP	3:30pm 3200m Run-BOYS
4:15pm 3200m Run-BOYS	10:00am 3200m Run-BOYS	3:45pm 3200m Run-GIRLS
4:30pm 3200m Run-GIRLS	10:15am 3200m Run-GIRLS	4:00pm PRELIMS-60m HH
5:00pm PRELIMS- 60mHH	10:40am PRELIMS-60m HH	4:20pm PRELIMS-60m Dash
5:20pm PRELIMS- 60m Dash	11:00am PRELIMS- 60m Dash	4:35pm 4 x 800 RELAY
5:40pm 4 x 800 RELAY	11:15am 4 x 800 RELAY	5:05pm FINALS – 60m HH
6:20pm FINALS -60m HH	11:45pm FINALS - 60m HH	5:15pm FINALS-60m Dash
6:30pm FINALS- 60m Dash	11:55pm FINALS- 60m Dash	5:20pm 800m Run
6:35pm 800m Run	12:05pm 800m Run	5:30pm 4 x 200 RELAY
6:40pm 4 x 200 RELAY	12:20pm 4 x 200 RELAY	6:55pm 400m Dash
7:05pm 400m Dash	12:45pm 400m Dash	6:10pm 1600m Run
7:20pm 1600m Run	1:00pm 1600m Run	6:25pm 200m Dash
7:35pm 200m Dash	1:20pm 200m Dash	6:50pm 4 x 400 RELAY
8:00pm 4 x 400 RELAY	1:45pm 4 x 400 RELAY	